

# Hambleden Herbs Chamomile & Peppermint Tea Bags Tasting Notes

## Ingredients

Organic Chamomile, Organic Peppermint..

## Preparation

Ideally use freshly drawn water that is just off the boil. Steep until desired strength is reached.

## Visual Notes

This tea will produce a wonderfully bright, deep lemon/golden yellow with a very slight green tinge.

## Aroma Characteristics

The highly characteristic aroma of chamomile is given added vigour with the lively peppermint. Chamomile is certainly the dominant fragrance but the peppermint is definitely there with its fresh menthol notes.

## Taste Characteristics

The taste is more evenly balanced between the chamomile and the peppermint, with neither flavour dominating the other. The wonderfully soothing and floral chamomile is probably a shorter flavour, present in the first taste but replaced by the longer lasting peppermint. The effect is to give an enduring feeling of wellbeing, the first taste of chamomile relaxes the senses whilst the longer peppermint gives refreshment which is carried on long past the last sip.

This infusion is great at anytime of the day but I particularly enjoy it in the afternoon or evening.

I sincerely hope that this brief guide will help you to enjoy our infusion, but should you have any further questions or feedback, please let me know.

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